# **SERMON NOTES**

July 6 & 7, 2024

### Would You Rather?: Getting Past My Past

1. Core Reality:	can't change the past no m	natter how I am.
·		2 Samuel 18:33   Hebrews 12:15
	can't change the past no matte	r how I am.
2. How God redeems my past:	+	÷
a:		
1) God's	and	
regardless of my past.		John 4:7,9-10
2) must b	e	Romans 5:20 b
b:		
1) of r	ny past are	John 4:15-18
2) must be		
c:		
1), not time,		Luke 13:6 -9
2)mus	st be	Revelation 21:5

# Life Steps

#### Would You Rather?: Barriers to Hearing from God | July 6 & 7, 2024

## Grace + Truth + Time

#### Monday

**Reflect:** Regret is a sense of disappointment based on a decision we wish we could undo or redo. David's life was full of regret and "If only I had..." Consider some of your long-ago and or recent regrets. How do you think they might be adversely or positively affecting your decision-making today? **Prayer:** God, I surrender my sin-stained past to you. Forgive me. Heal me. Renew me.

#### Tuesday

**Reflect:** According to the writer of Hebrews, what are the dangers of bitterness taking root in our lives? How have you seen that reality manifested in your own life?

**Prayer:** God, I surrender my mismanaged anger that has given root to bitterness. Forgive me. Heal me. Renew me

#### Wednesday

**Reflect:** The Samaritan woman had a scandalous past. Jesus doesn't rebuke her, dismiss her, insult her, or condemn her. He offers her a gift. How do you think she was feeling in her encounter with Jesus? Consider a time when grace, unconditional love, was shown to you. How did you feel in the midst of that experience? What does this story teach us about grace?

Prayer: Thank you God for the gift of your unconditional love and unwavering faithfulness.

#### Thursday

**Reflect:** No matter how bad or shameful our past is, it is not our past that gets in the way of our healing and moving forward with our lives. Grace must be received. As a whole, what do you think prevents people from receiving God's grace? Where do you need God's grace? What is preventing you from receiving it?

Prayer: Generous God, I surrender my pride/ego. Humbly, I receive and accept your grace.

#### Friday

John 4:11-18

Luke 13:6-9

**Revelation 21:5** 

**Reflect:** The Samaritan woman did everything she could do to avoid the truth about her past. How have you done the same thing? What is your response to the following statement? The facts of my past are my friends. What is the truth about your past that is time for you to acknowledge? **Prayer:** God of grace and truth, help me to accept the reality of my past.

#### Saturday

**Reflect:** Your life is the vineyard and you are the owner. Where are you most impatient, physically, mentally, emotionally, and spiritually, with the current status of your life? What is your response to what Jesus is saying to you in verse 8? "Let me fertilize and water and render care. Let's give it some more time."

Prayer: Thank you God for consistently working in my life, even when I can't see it or feel it.

#### Sunday

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**Reflect:** Grace + Truth + Time = Redemption of your past. Review your notes from last weekend. What is your next step towards claiming the Redemption, the new thing God wants to do in your life? **Prayer:** I praise you God of grace and truth for the redeeming of my past and for the hope of my future.

#### Romans 5:20-21

### 2 Samuel 18:19-33

Hebrews 12:15

John 4:1-10

