

SERMON NOTES

March 9 & 10, 2024

Unstuck: Open the Door

Genesis 3:8-10

Step 1 – We are powerless over our fatal attraction toward doing wrong, and we have found our lives to be unmanageable.

Step 2 – I have come to believe there is a power greater than me that can restore me to sanity.

Step 3 – I have made a decision to turn over my life, and will, over to the care of God.

Step 4 – I resolve to make a searching and fearless moral inventory of myself.

1. **Step 5** – I will _____ to _____ and to _____ and to _____

_____ the exact nature of my wrongs.

Genesis 3:8-10 | Leviticus 5:5

James 1:23-24

2. Freedom cannot be _____.

James 5:16

3. The cost of _____ is greater than the cost of _____.

2 Samuel 11

Acts 19:18

4. God cannot heal what _____.

1 John 1:8-9

5. Sin can only control me when _____.

Homework: Identify and communicate with my _____.

6. There should be _____ someone doesn't know.

Life Steps

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Monday

Genesis 3:1-10

Reflection: Why did Adam and Eve run and hide? As you consider the work you have done thus far on your moral inventory, what resentment, fear, harm caused to others, or form of sexual conduct is most detrimentally impacting your life? Why?

Prayer: Lord Jesus Christ, son of God, have mercy on me, a sinner.

Tuesday

Leviticus 5:1-5

Reflection: What do you think is the importance and value of admitting the exact nature of a wrong? What are the fears and insecurities that cause you to stay hidden behind “the door.”

Prayer: Lord Jesus Christ, son of God, have mercy on me, a sinner.

Wednesday

James 1:23-24

Reflection: When you look in the mirror, what do you really see? Review the work you have done thus far on your Moral Inventory. What do you see? Where do you most need God’s power to restore your sanity?

Prayer: Lord Jesus Christ, son of God, have mercy on me, a sinner.

Thursday

Acts 19:13-18

Reflection: Spend extra time on your Moral Inventory making sure you are describing the exact nature of your wrongs.

Prayer: Lord Jesus Christ, son of God, have mercy on me, a sinner.

Friday

I John 1:5-10

Reflection: What does “God is light” say to you about who God is? Name some of the ways light impacts the creation, including humanity. How is admitting the exact nature of our wrongs to God, self, and another person like stepping into the light? What is your next step towards transformation and getting unstuck?

Prayer: Lord Jesus Christ, son of God, have mercy on me, a sinner.

Saturday

James 5:16

Reflection: “I will never know what it is like to be fully loved until I am fully known.” What is your response to this statement? Does anyone fully know you? Who? If not, why not? How do you feel about the following statement? “There should be nothing in my life someone doesn’t know.”

Prayer: Lord Jesus Christ, son of God, have mercy on me, a sinner.

Sunday

Psalms 139

Reflection: Which verse most resonates with you today? How will you hold on to it for the rest of this day?

Prayer: Thank you, God, for the gift of your son as an atoning sacrifice for my sins.