SERMON NOTES July 16-17, 2022

How Do I: Pray Effectively? James 5:13-16

1. Prayer	James 5:13-14 Romans 8:26b
2. My prayers	
3. My prayers	James 5:16b Mark 9:29
4. Prayer always	James 5:16 Psalm 51:17

5. Some prayers ______. James 5:14,16

Life Steps

How Do I: Pray Effectively? | July 16 & 17, 2022

Monday

Matthew 6:5-8 **Reflect:** How would you describe your prayer life to someone? Do you ask others to pray for you? Why or why not? What are your most pressing personal issues you would like for God to know about?

Prayer: Read to God, out loud or silently, the issues you just wrote down.

Tuesday

Colossians 4:2-6

Luke 11:13-14

Romans 8:26

James 5:15

Reflect: Think about a time you felt God either answered or did not answer your prayer. How did this experience impact your prayer life? What are the most pressing issues of your family, friends and coworkers you would like for God to know about?

Prayer: Read to God, out loud or silently, the issues you just wrote down.

Wednesday

James 5:13-14 | 1 Thessalonians 5:16 - 18

Reflect: When should we pray? What is your role when praying for others? **Prayer:** Pray for those in your life who are in trouble, happy, or sick.

Thursday

Reflect: In spite of everything the disciples witnessed Jesus do, this is the only think they asked Jesus to teach them. Why do you think this was so?

Prayer: God, help me overcome the obstacles and hang-ups that hinder my prayer life.

Friday

Reflect: What is the role of the Holy Spirit in our prayer lives? What does this reveal to us about the character of God?

Prayer: Be still, empty your mind and spirit of all surface thoughts and emotions. What does your soul long to say to God?

Saturday

James 5:16 | Ephesians 6:18

Reflect: How is prayer for one another a means to help us with all of the other lessons that James speaks about - trials and tribulation, controlling the tongue, managing our anger, addressing guarrels among us, and why we don't get what we ask for when we ask selfishly? **Prayer:** Ask God to help you with your most challenging issue that James addressed in our "How do i" series.

Sunday

Reflect: The end goal of prayer is not the specific healing (or other outcome) that is sought, but the experience of life with Jesus. What are your thoughts about this statement? **Prayer:** Express thanks to God for how you grew in our James series. Ask God to prepare your heart and mind to grow and learn as we begin our study in the Book of Judges, "Be Cool."

