

SERMON NOTES

May 28 & 29, 2022

Rooted: Remember

Why do we forget the good things of life?

1. We are _____ people. **Exodus 1:8-10 | Exodus 14:12**
2. I focus on what's been done _____ instead of what's been done _____. **Deuteronomy 4:9**
3. I focus on the _____ events of my life over the _____ events of my life. **Psalms 19:14**
4. I forget I can _____ God _____. **Exodus 14:13**

What do we gain when we remember?

1. God already _____ and _____ the fight for me. **Exodus 14:14**
2. I have access to the _____ God has already _____.
_____. **John 15:13**
3. I am worth _____ for. **John 3:16**

Life Steps

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Monday

Deuteronomy 4:9

Reflect: What are some stories in your past that point to the good things God has shown you that you do not want to forget? Who can you share these stories with this week?

Pray: God, thank you for loving us so much to include us in your story and promise. Help me always remember the great love you have for me. Amen.

Tuesday

Exodus 14:13-1a

Reflect: What are stories in your life where you think God delivered you from something negative? Who can you share these stories with this week?

Pray: God, thank you for not forsaking me. Help me pause to remember my stories and your stories so that I may come to accept I am worth fighting for. Amen.

Wednesday

Psalms 19:14

Reflect: Part of knowing you are worth fighting for is letting go of negative self perceptions. List any negative thoughts you have about yourself. Now, draw a line and list the good things God created in you. No matter what the quantity is, the good things God created in you will always be more important than the negative things you think about yourself.

Pray: God, thank you for creating me. Help me become free of any negative thoughts I have about myself. Help the words of my mouth and the meditation of my heart to be acceptable in your sight. Amen.

Thursday

Psalms 139:14

Reflect: Consider the list you made on Wednesday. Continue the work of accepting your worthiness based on God's great love for you. Is this an easy or difficult task? Why is that?

Pray: God, thank you for calling me fearfully and wonderfully made. Your work is good. Thank you for calling me to be a part of your goodness. Amen.

Friday

John 3:16

Reflect: What does it mean to you when you read about God's love for you in this verse?

Pray: God thank you for loving me even though I can be anything but loveable. Thank you for setting the standard for who deserves to be loved and thank you for the grace in knowing you love me. Amen.

Saturday

Luke 22:19-20

Reflect: What does it mean to you when you read about those who have gone before you, like Jesus, so that you can live an abundant life?

Pray: God, thank you for the ability to become rooted in the ways of Jesus, as I strive to never forget how to follow Jesus closely, pray authentically, honor my neighbors, add voices, and remember your great love for me. Amen.

Sunday

John 15:13

Reflect: People who are rooted in the ways of Jesus pause to remember. List moments of goodness or moments that have felt like gifts to you in the past.

Pray: God, help me remember your good and perfect gifts, even when bad things happen. Help me remember your goodness exists in me, and that I can contribute your goodness to the world around me.